#### RFI IABI F SUPPLY OF MAI ARIA TREATMENT

IN WHAT SITUATIONS SHOULD I USE STANDBY EMERGENCY TREATMENT FOR SUSPECTED MALARIA?

# <u>Auto-tractament d'emergència per sospita de</u> patir malària:

- → In case of symptoms suggestive of malaria (primary symptom high fever) and unable to reach a medical facility within 24 hours.
- → The treatment is started while heads nearest medical center.
- This self-treatment of a possible malarial infection is only a temporary measure and that prompt medical evaluation is imperative.

# MUST BE VERY CLEAR THAT SHOULD GO TO THE DOCTOR ASAP.

# Absence of pharmacy where to get treatment against malaria:

Treatment is taken in the event of being diagnosed with malaria in a medical center but not having a pharmacy where to obtain the prescribed treatment or have doubts about the quality and reliability of drugs.

# Dosage an duration: Malarone®

AGE	WEIGHT (Kg)	TABLETS
Adults/Children	>40	4 Adults tablets
Children	5-8	2 Paediatric's tablets
	9-10	3 Paediatric's tablets
	11-20	1 Adults tablets
	21-30	2 Adults tablets
	31-40	3 Adults tablets

Tablets are to be taken once daily for 3 days

#### UNITAT DE SALUT INTERNACIONAL

#### CATALUNYA CENTRAL



If you have to travel an exotic or tropical place come to the UNITAT DE SALUT INTERNACIONAL (International Travel Advice)

#### YOU SHOULD COME

At last 6 weeks before departure.

#### WHERE TO GO

Ask for an appointment at the

#### ANOIA:

93 803 36 46 of CAP Igualada Urbà, Passeig de Mossèn Jacint Verdaguer 170, Igualada.

# BAGES-BERGUEDÀ:

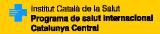
93 874 81 78 of CAP Bages, Carrer Soler i March 6, Manresa.

#### OSONA:

93 889 02 22 of CAP d'Osona, Plaça Divina Pastora 6, Vic.

It is recommendable to pay a visit to your family doctor.





# UNITAT DE SALUT INTERNACIONAL Catalunya Central (International Travel Advice)

Malaria Prophylaxis



# MEFLOQUINA (Lariam®)



**Dose** 

First Dose: 1 week before entering a risk area.

Continuation: 1 dose every week. Always on the

Last Dose: 4 weeks after leaving a risk area.

How to take it

# How to take it?

Take the pill after a meal with a glass of water. Don't drink alcohol the same day or the following day.

# **Pregnancy**

There are no contraindications (Category B).

It is recommended to avoid pregnancy during the 3 months after completing the treatment but this is no essential. However, pregnancy during this 3 months period it is not an indication for therapeutic abortion.

In case of pregnancy while staying in areas where it is essential to continue chemoprophylaxis (Sub-Saharan Africa) this can be continued with mefloquine.

# **Breastfeeding**

There are no contraindications.

# **Adverse reactions**

Common: nausea, vomiting, abdominal pain, headache, dizziness. Tend to yield after the first dose. Strange dreams may occur up to 3 weeks after completing the treatment.

<u>Discontinue treatment and contact a doctor if you</u> experience:

Panic attacks, depression, hallucinations and convulsions.

Persistent palpitations.

# **Contraindications**

Epilepsy, arrhythmias, some psychiatric disorders.

# ATOVAQUONA+PROGUANIL (Malarone®)

# <u>Dose</u>

\_\_\_\_ pills

First Dose: 1 day before entering a risk area.

Continuation: 1 dose every day.

Last Dose: 7 days after leaving the risk area.

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# How to take it?

After one meal with a glass of water.

# **Pregnancy**

Contraindicated.

Avoid pregnancy up to 3 weeks after completing treatment. However, pregnancy during this period is not an indication for therapeutic abortion.

# **Breastfeeding**

Contraindicated.

# **Adverse reactions**

Common: nausea, vomiting, abdominal pain. Tend to yield after the first dose.

<u>Discontinue treatment and contact a doctor if you</u> experience:

Important itching, mouth sores.

Don't take antacids 2 hours before or 2 hours after taking this medication.



# DOXICICLINA (Proderma 100®)

# <u>Dose</u>

1 pill.

First Dose: 1 day before entering a risk area.

Continuation: 1 dose every day.

Last Dose: 28 days after leaving the risk area.

# How to take it?

Take the pill 1 hour after a meal.

# **Pregnancy**

Contraindicated.

Avoid pregnancy up to 1 week after completing treatment. However, pregnancy during this period is not an indication for a therapeutic abortion.

#### **Breastfeeding**

Contraindicated.

# **Children**

Contraindicated in children under 8 years of age.

# **Adverse reactions**

Common: nausea, vomiting, abdominal pain, diarrhoea. Tend to yield after the first doses.

Vaginitis.

Photosensitivity (4% of cases).

Discontinue treatment and consult a doctor if you experience:

 $-NH_2$ 

Significant diarrhoea. Significant redness of the face.

Don't take antacids 2 hours before or 2 hours after taking Proderma.

This medication decreases the effectiveness of oral contraceptives, take extra precautions.